DATES TO REMEMBER

Monday 3 March
NVHS Information Evening
Monday 10 March
Headstart Information Session
Thursday 20 March
African Rhythm with Eddie Quansah
Tuesday 1 April
Stage 3 excursion to Newcastle Harbour

PRINCIPAL’S UPDATE

Hello everyone,

It’s great to see our kindergarten students settling in so well to ‘big school’. Most of the children look like they have been here forever! A brand new contingent of Headstarters will be beginning with us next term, and I look forward to watching these little people transform into grown up school kids.

More Baby News

Good luck to Emma Horton who finished up at the end of last week to go and have her baby. After many, many farewells from staff, students and parents, she eventually left! Katy Walpole has now officially taken over on 3/4H and we welcome her to Wyoming School. Still no news from Mrs Wild….I will give everyone the happy news as soon as it happens.

Swimming Carnival

Last Friday’s swimming carnival was its usual success. Lots of local schools are now holding ‘Twilight’ carnivals—they are held after school and only involve the children who are contenders. I think this is a great pity. It’s really important for the school to come together and support the students who are swimming and feel a part of a community. Barracking for your house, practising chants, winning points for your team are all part of building school spirit and morale. Thank you to the teachers who work hard to organise the carnival and to the parents who, year after year, support every sporting carnival.

A message to all Year 6 parents: Don’t forget that tonight we have Narara Valley High School staff presenting an information evening. It begins at 5.30pm and I hope to see lots of people there.

Annual School Report

The Annual School Report is now available on the school website for download. The Annual School Report gives a snapshot of the achievements of Wyoming Public School in 2013 and discusses future directions for the school.
If you would prefer a printed copy please contact me as soon as possible to arrange.

Have a great week

Michelle Francis
PRINCIPAL (Relieving)

MONEY COLLECTION PROCEDURES

Money is collected at the Front Office. Please follow the procedures below:

- **Correct**: Money must be enclosed in an envelope or plastic bag with the following details marked:
  - Student Name and Class
  - Name of Excursion or Event
  - Amount Enclosed
  - Permission Note Signed and dated.
  - Do not send in permission note without a payment.

PLEASE NOTE:

- Each student needs their own separate permission note for an excursion or event (please do not put other siblings names on same note if they attending the same excursion or event) as permission notes are then given to their class teacher after being receipted. Receipt is placed in envelope or plastic bag that money was sent in and then returned to student.
- Please ensure correct money is placed in the envelope, as change will not be available until receipted (receipting is not carried out everyday). Change will not be available for recess or lunch orders. **The front office does not have petty cash to give change.**
- Money collection will only be available between 8.30am - 9.00am.

SCHOOL ASSEMBLY

K-2 ASSEMBLY

This week’s K-2 Assembly will be held this Wednesday 5 March from 9.15am in the School Hall. Class 1/2S will lead the assembly.

3-6 ASSEMBLY

This week’s 3-6 Assembly will be held this Wednesday 5 March from 1.30pm in the School Hall. Class 5/6W will lead the assembly.

3/03/2014

ALERT/ALLERGIES

We have some students enrolled in our school program who are allergic to several food items and who may have an anaphylactic reaction if exposed to fish and all seafood (especially salmon), nuts, cow’s milk and egg.

In order to minimise any risk to any student’s health, we are requesting that parents do several things:

- **Do not send** tuna, salmon, any fish, peanut butter, or egg on sandwiches or in school lunch boxes.
- **Label** all items in your child’s lunch box with his/her name. This includes sandwiches and packaged food.
- **Inform the teacher** if you are bringing in food to share with the class (eg. birthday cake)
- **Talk** to your child about how important it is not to share food with others.
- **Talk** to your child about how important it is to wash their hands before and after eating.

If you have any questions or concerns about anaphylaxis and how it might impact on your child, please don’t hesitate to contact either myself or Rebecca Wild at school.

Michelle Francis
ASSISTANT PRINCIPAL

NARARA VALLEY HIGH SCHOOL INFORMATION EVENING

Narara Valley High School is offering an information evening for Year 6 students enrolling in high school for 2015. General High School Information will be given as well as a brief overview of their specialist classes which are:

- Accelerated Class
- Performing Arts for Gifted and Talented Students
- Targeted Sports Program

The information evening will be held in the Wyoming Public School Hall tonight Monday, 3 March commencing at 6pm. Parents and caregivers of Year 6 students are invited to attend and have any queries answered.

ACCELERATED CLASS APPLICATIONS

Narara Valley High School Accelerated Class is a program designed for academically advanced
students who desire the challenge of working consistently at their ability level within the framework of a comprehensive High School. The class will be taught by specialist staff, and students complete Years 7-10 in three years rather than four.

Students who wish to be placed in the class must sit a selection test held at NVHS. An Application for the Accelerated class must also be completed. Applications for the Accelerated class are available from the office here at school.

Further information regarding the Accelerated, Sports and CAPA class is available at the additional information night at NVHS from 7-8pm on Wednesday 19 March.

### HEADSTART NEWS

**2014 Headstart Parent and Carer Information Sessions Term 1**

Come and find out about our wonderful 2014 Headstart program at one of our parent and carer sessions in Term 1. Meet 2014 staff members and hear from parents whose children have already participated in the program.

When - Monday 10 March, Week 7
Times - Afternoon session – 2.00-2.45pm
        Evening session – 7pm-8pm
Where - Headstart Room.

Bronwyn Stevenson
**HEADSTART TEACHER**

### WOOLWORTHS EARN & LEARN

Last year many families and community members helped Wyoming Public School earn points in the Woolworths ‘Earn & Learn’ promotion. With our reward points we were able to acquire new equipment for our sandpit which includes buckets, shovels, scoops, funnels and sieves.

Thank you to Woolworths and the many families and communities members that supported this initiative.

Matthew Walter
**EARN & LEARN COORDINATOR**

### P&C & CANTEEN NEWS

Our next P&C meeting will be held Monday 17 March at 2.00pm in Wingello Cottage. Our AGM meeting for this year will be held Monday 17 March.

We would like to invite our new families to come along with some fresh ideas and also gain more information on what’s happening in our school and to meet new families. Meetings run for around an hour. Children are welcome to have a play for the duration of the meeting. All are welcome to attend. Hope to see you there.

Any agenda items please email to Natasha at nmartin78@optusnet.com.au

### 5 CENT DRIVE

Our 5 cent Drive starts today and ends Friday 14 March. All classrooms should have class containers. Good luck finding all your 5 cent pieces. Which class will win this year?

### CRUNCH N’ SIP

Our first Crunch n’ Sip will be Tuesday 11 March so there is no need to bring fruit on this day.

Any parents/caregivers who may be available between 8am – 10am on Tuesday to help cut up fruit would be greatly appreciated. We will meet in the staffroom.

### BREAKFAST CLUB

We are asking for volunteers to help at our Breakfast Club. This is a great program however we need your help to continue. If you can help Tuesday and/or Wednesday mornings please contact Lisa Matthews at Wingello Cottage.

### CANTEEN NEWS

Parents please encourage your children to make a healthy choice. Fruit in season is now available every day.

Just a reminder the canteen is open every day. All orders need to be handed in at the canteen between 8.30 - 9.15am.

Julianne Doyle
**P&C PRESIDENT**

### WEEKLY AWARDS

### HONOUR CERTIFICATE

An Honour Certificate is awarded when a student has earned ten Certificates of Merit, ten Reading Awards of Excellence, ten Principal’s Awards or a combination. Students may collect their Certificates of Merit, Reading Awards of Excellence and
Principal’s Awards over a number of years to earn their Honour Certificate.

I have presented an Honour Certificate to the following students.

Riley C
Phoebe S

Congratulations. Keep up the great work.

PRINCIPAL’S AWARDS

Just a reminder that the class awards collected for the Principal’s Award must be collected within the one school year. As each class award is used towards a Principal’s Award it is marked on the back. This means that a class award can only be used once towards a Principal’s Award.

The following students have been presented with a Principal’s Award.

Brodie A
Lea-Bella F-A
Julian F-A
Tkai G
Troy S
Amber W

Alana A

CERTIFICATE OF MERIT

Congratulations to the following students who were presented with Certificates of Merit.

Miss Kelly
Miss Spencer
Mrs Head
Mrs Essery
Mrs Galea
Mrs McCarthy

Jayden A
Pippa G
Makelesi K
Savannah P
Joshua B
Ava F
Sharlotte F
Meadow P
Chloe C
Miami M-O’C
Lachlan M
Phoebe S
Linden B
Patrick S
Saskia F
Minjy L
Kaylen P
Kodi T
Zane A-Y
Mia-Lee C

Faith K
Kai M
Mrs Shearman
Lea-Bella F-A
Zoe F
Ryan M
Lili T
Mrs Horton
Alana A
Jacob C
Sophie T
Mrs Packer
Tennikah L
Coby P
Ben W
Mrs Lenton
Dipanwita B
Connor P
Mrs Francis
Rhyan S
Ebony W
Mrs Rogers
Tyrone C
Billy H
Mrs Hansen
Putri M
Mrs Carter
Maddison L
Saxon M
Mr Walter
Roen J
Jaymie J
Nicholas S

COMMUNITY NEWS

Schools as Community Centres
Wyoming Public Schools
Welcome to 2014!

We have lots on this term and we have already started with our kids music, sports and playgroup activities.
We do have something for the big kids though!

TRIPLE P PARENTING SEMINARS
A three (3) week seminar series for parents to increase their awareness of how to change unwanted behaviour and encourage desirable behaviour in their children. Suitable for parents of 2-12 year olds.

Seminars cover:

- The power of positive parenting
  Date: 27 February
- Raising confident, competent children
  Date: 6 March
- Raising resilient children
  Date: 13 March
  9.30 – 12 pm
Facilitated by Central Coast Family Support in partnership with Wyoming Public School and SACC
FREE to attend.
Venue is Wyoming Public School Hall, Maidens Brush Road.
Child Care is available. Places are limited.

Registrations Essential
Contact Central Coast Family Support on 4340 1585

TRIPLE P PARENTING GROUP WORKSHOPS
Triple P Group Workshops expand on the seminar series and give parents more hands on application to assist at those difficult times with growing children.

Dates: Thursdays, 22, 29 May & 5, 12 June
Times: 10am – 12.30 pm
Venue: Wyoming SaCC, Maidens Brush Road (in the grounds of Wyoming Public School)
FREE to attend.

Registration Essential
Contact Philippa on 0477 317 862 or email: philippa.skipper@det.nsw.edu.au

COMMUNITY GARAGE SALE & FETE
Friday 28 and Saturday 29 March 2014.
Narara Uniting Church Wyoming Road Narara
Bring goods for us to sell on commission: Friday 11am – 7pm, Saturday 8.30am. Please package items securely. No clothing or shoes, no items under $2. There is a maximum of 20 items per person.

Come snap up a bargain – Friday 11am–7pm, Saturday 8.30am–2pm. Garage sale items, white elephant, books, cakes & jams, baby items, plants, teas, BBQ & drinks.

All funds raised are donated to charity projects in the Uniting Church. Your support is appreciated.

Enquiries Mrs Heather Mogg Ph 4323 9404.

SCHOLASTIC BIG BOOK SALE
Fill a box for $40!! Big Book Sale 50%-90% off everything!
Wednesday 5 March and Thursday 6 March:
9am–5.30pm.
Friday 7 March: 9am–1pm.
Scholastic Warehouse – Gate 3 Building 2 Railway Crescent Lisarow.

RAZORBACKS RUGBY CLUB
Razorbacks Rugby Club prides itself on being a family club that caters for all ages from Under 7s upwards.
Players from Under 7s to Under 13s are invited to make new friends and have fun in a safe and family-friendly environment from our home turf in Ourimbah.
Registration Fees: 7/8s $30, 9/10s $50, 11+ $115 INCLUDES shorts, socks, shirt & backpack plus reductions for second and consecutive children.
REGISTRATION DATES:
7th March, Lisarow Primary School, Twilight Markets, 4.30 - 7.30pm
9th March, Razorbacks Rugby Club, 10 Chittaway Rd, Ourimbah, 10am onwards
Dates: Week commencing 10th March - late August.

NEED MORE INFO:
Don’t hesitate to call John on 0402 022 512
Website: www.razorbacks.com.au

Raine & Horne
John Lecky
Sales Consultant,
Raine & Horne Gosford
T: (02) 4324 7744
150 Mann Street,
Gosford NSW 2250
E: (02) 4323 1907
W: john.lecky@rhas.com.au
W: r.horne.com.au/gosford

Mention Wyoming Public School and receive an initial free lawn mow, discount on commission and a free pest and building report.
In addition Wyoming Public School will receive $100 for each property sold.

The simplest way to increase your veges?
Eat vegetables throughout the day.
Don’t be afraid to eat all your veges at dinner. Try veges in side dishes like pasta, fish or no meat meals.
Veges are rich in fibre and fill. They help stop you from overeating of veggies can be used in so many different ways. Try creamed corn, grated zucchini or carrot in your Vegan mixed salad. Add veges to all your meals.
Meals that are easy to add extra veg to are casseroles, stir-fries, pizzas, even the humble omelette.
Nutrition Snippet
For more information visit
www.eatitbeforeill.com.au
or join us at facebook.com/eatitbeforeill

Eat It. Beat It.